

## AMPE'd UP BINGO (Art, Music, P.E.)

**Complete one BINGO straight across, up/down, or diagonal & get a prize. Get a blackout and get a special prize after we return!**

Balloon tap. See how many times you can hit a balloon & keep it up in the air.	Find the colors of the rainbow in your house. Start with red, end with purple!	Sing any 2 songs from school this week.	Create a tag game and play the game.	Find 4 different textures in your home (the way something feels).
Look for two different patterns you could draw from in your home.	Kick a ball to a partner or against the wall.	Look out your window and draw what you see.	Listen to a song tale once this week. (Search folk song tales.)	Listen to 10 minutes of classical music on YouTube or streaming.
Pass a ball to a partner.	Say 2 nursery rhymes out loud this week & tap the steady beat while you say them.	<b>FREE SPACE</b>	Find your favorite toys and set them up with other objects to tell a story.	Do sit-ups. See how many you can do every day.
Sing a favorite song before bedtime.	Count all of the cool colored things you find in your home.	Dribble with your left & right hand.	Make a shaker instrument from recycled items.	Count all of the warm colored things you find in your home.
Push ups – see how many you can do in a day?	Write a poem or a song.	Watch a Little Einstein's video. Which one did you watch?	Stretch out daily.	Read a book about music.